

Christmas Spirit Prayer



Your downloadable gift includes:

- A printable version of the Christmas Spirit Prayer
- Christmas Spirit Prayer meditation (mp3 audio)
 - Instructions

May this gift bring you many blessings
as you work with it through the holiday season.

Enjoy!

What is a Spirit Prayer?

A Spirit Prayer is a focused intent that is created with the direction of Spirit. It is a powerful prayer that calls forth unconscious and spiritual aspects to help you open and transform areas of your life, or to connect more deeply with your Self and Spirit.

Instructions

I recommend that you read the Spirit Prayer daily, or more often if you like. This will help your subconscious to become aligned with the vibration and intent of the prayer.

An audio meditation of this prayer is included in your package. It is only a few minutes long, and can amplify the effect of the prayer if listened to regularly. It's a great way to start your day or finish it before you head off to sleep. It's also a welcome break when you need some support over the holidays.

Your intent is very important. If you want to use this prayer as part of your spiritual practice, manifest or transform, it has the potential of opening doors for you. The longer you work with it, the more energy it has to help you transform.

Your commitment is important, as well as your willingness to allow Spirit to work its magic. We cannot control *how* or *when* things will manifest in our life, or how they will look when they do. Just be open and trust that the Universe has your best interests at heart.

Allow this prayer to bring more joy and peace to your life. Love the time you spend with the prayer. You don't have to work hard at it or be too serious. Just spending a few minutes a day will have an impact.

Christmas Spirit Prayer by Linda Lang

Music by Kevin MacLeod