

Christmas Spirit Prayer

My heart whispers for peace & simplicity

In this quiet moment.

In my thoughts, I open to peace.

In my heart, I nurture contentment.

And all around me, I open to love in this season of giving.

I appreciate & accept

Every wondrous gift of joy,

Every heartfelt kindness—given or received,

Every caring friend,

Every thoughtful stranger,

Every lesson learned,

And the constant support of Spirit.

As I release expectations,

I find many reasons for happiness.

I rejoice & allow the endless blessings of Spirit.

I celebrate my abundant goodness.